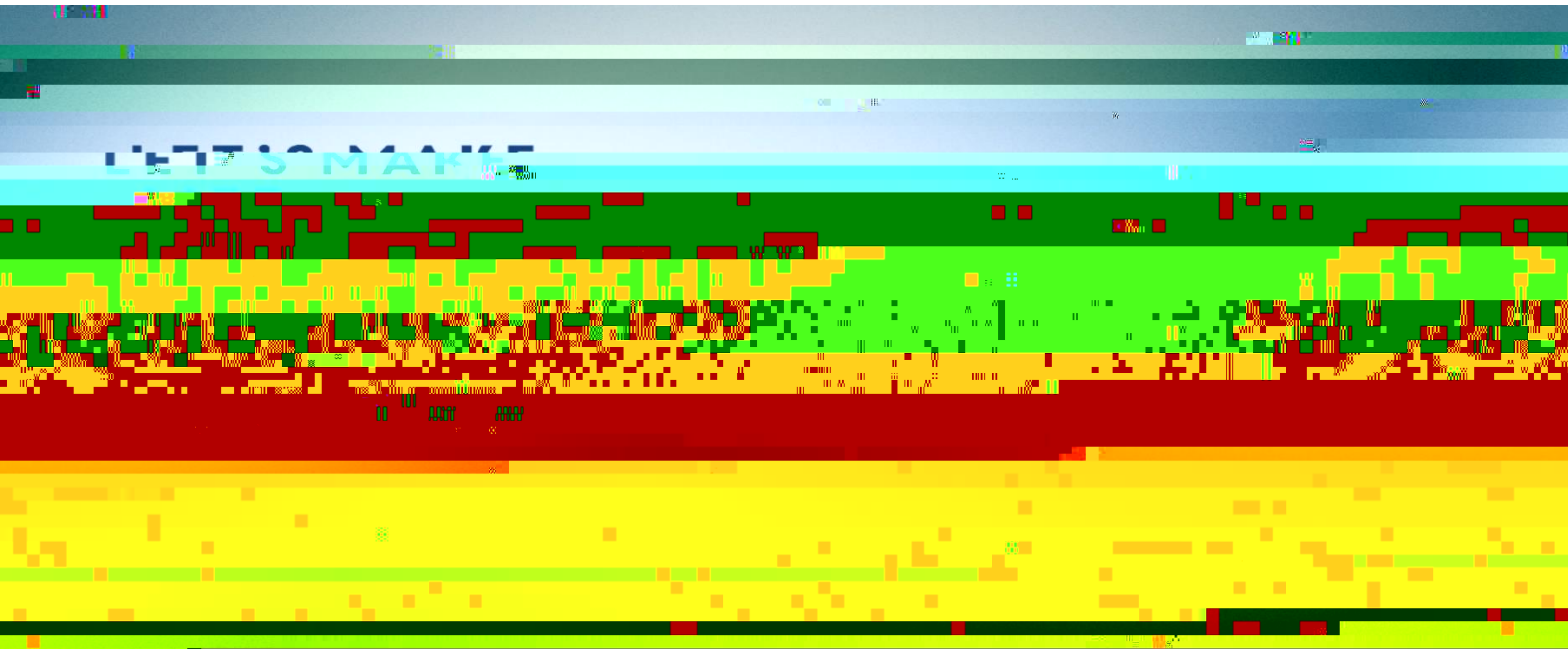




GLOBAL NUTRITION GUIDELINES



MEALS

ProductSubcategory	Nutrient	Per Serving Limit
Single Food Side Dishes (1 food group)	Energy	230kcal (12% DV)
	Saturated fat	2g (10% DV)
	Total sugar	2g
Combination foods, sides and mini meals (>1 food group)	Sodium	450mg (20% DV)
	Energy	400kcal (20% DV)
	Saturated fat	5g ⁺ (25% DV)
Main dish	Total sugar	10g ⁺
	Sodium	700mg (30% DV)
	Energy	450kcal (23% DV)
Meal-type products	Saturated fat	7g ⁺ (35% DV)
	Total sugar	13g
	Sodium	800mg (35% DV)
Soups	Energy	600kcal (30% DV)
	Saturated fat	8g ⁺ (40% DV)
	Total sugar	25g
	Sodium	900mg (39% DV)
	Energy	250 kcal (13% DV)
	Saturated fat	5g (25% DV)
	sugar	5g (10% DV)
	Sodium	800mg(35% DV)

⁺Add 2g saturated fat for items with cheese

+ Add 2g total sugar for items with fruit

BEVERAGE

ProductSubcategory	Nutrient	Per Serving Limit
Refreshment Beverages (<50% juice)	Energy	50kcal/100 mL
	Saturated fat	N/A
	Total sugar	<9.5g/100 mL ⁺
	Sodium	N/A
Cordials (Liquid or powder concentrates reconstituted with water -	Energy	40kcal/100 mL
	Saturated fat	N/A
	Total sugar	<8.0g/100 mL
	Sodium	N/A
Fruit and Vegetable Juice (50% juice)	Energy	90kcal/100mL
	Saturated fat	N/A
		0g
	Sodium	N/A
Specialty Beverages	Energy	150kcal(8% DV)
	Saturated fat	5g (25% DV)
	Total sugar	15g
	Sodium	N/A

⁺ N. America= 10g/serve added sugar

SNACKS

Product Subcategory	Nutrient	Per Serving Limit
Bars, Cookies & Biscuits	Energy	150kcal (8% DV)
	Saturated fat	3g (15% DV)
	Total sugar	12g
	Sodium	200mg (9% DV)
Confections & Chocolate	Energy	150kcal (8% DV)
	Saturated fat	4g (20% DV)
	Total sugar	18g
	Sodium	N/A

**Dry pudding = 345mg as packaged

OTHER

ProductSubcategory	Nutrient	Per Serving Limit
Dips and Hummus	Energy	100kcal(5% DV)
	Saturated fat	2g(10% DV)
	Total sugar	3g
	Sodium	170mg(7% DV)
Sweet Bread Toppings	Energy	